



Wk. 8 Practice: Dealing With Family

The practice for this week is simply to look over your previous weeks and note how you've been unintentionally formed by your family.

Step 1:

- Look for any patterns in your genogram
 - Are there any consistency of fruits, thorns, vines, or buds between generations?

Step 2:

- Describe how you've responded to your family
 1. What have you accepted?
 - "This is normal, or at least it's normal for my family"
 2. What have you ignored?
 - "This is not something that I want to focus on or deal with"
 3. What have you adopted?
 - "This is who I am also"
 4. What have you rejected?
 - "This is who I'll never be"
- How have your responses brought you closer to God? How have they pushed you away from Him?

What I have accepted:
What I have ignored:
What I have adopted:
What I have rejected:



<p>How I've been pushed towards Christ by my family:</p>	<p>How I've been pushed away from Christ by my family:</p>
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